**Daily Schedule for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ~ Focus ~ Love ~ Joy ~ Peace**Daily Reminder - Listen FULLY, Speak with KINDNESS, Hands for LOVING & Serving.

If it is doubtful, don’t do it! Ask first, take time to understand and work with excellence! Do everything without complaining or arguing so that you may become blameless and pure!

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 6-7:30am | **-Write Daily 3 O** | **-Write Daily 3. O** | * **Write Daily 3. O** | * **Write Daily 3. O** | * **Write Daily 3. O** |
| 8:00am |  |  |  |  |  |
| 8:15am |  |  |  |  |  |
| 9:00am |  |  |  |  |  |
| 10:30am |  |  |  |  |  |
|  |  |  |  |  |  |
| 12:00pm |  |  |  |  |  |
| 12:45pm |  |  |  |  |  |
| 1:30pm |  |  |  |  |  |
| 2:00 -  3:00pm |  |  |  |  |  |
| 5:00pm |  |  |  |  |  |
| 8:00pm |  |  |  |  |  |

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**Daily Reminders Kids Every Day Includes!**

**School Work:**

* Workbook Pages
* Math
* Language Arts
* Reading (Choice)
* Writing (Choice)
* LA Extensions
* Science
* Social Studies

**Self Care & Chores:**



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**Daily Schedule for Mom!**

Focus ~ Love ~ Joy ~ Peace

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 6-7:30am | **Coffee**  **Daily 3** | **Coffee**  **Daily 3** | **Coffee**  **Daily 3** | **Coffee**  **Daily 3** | **Coffee**  **Daily 3** |
| 8:00am |  |  |  |  |  |
| 8:15am |  |  |  |  |  |
| 9:00am |  |  |  |  |  |
| 10:30am |  |  |  |  |  |
|  |  |  |  |  |  |
| 12:00pm |  |  |  |  |  |
| 12:45pm |  |  |  |  |  |
| 1:30pm |  |  |  |  |  |
| 2:00 -  3:45pm |  |  |  |  |  |
| 4:00pm |  |  |  |  |  |
| 5:00pm |  |  |  |  |  |
| 8:00pm |  |  |  |  |  |
| 10:30pm |  |  |  |  |  |

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**Daily Reminders Every Day Includes!**

**Work Non-Negotiables:**

* Emails & Message Replies (No Message Left Behind)
* One Valuable/Encouraging Social Media Post
* Create One Thing
* One Mind Feeding/Learning Task

**Self Care & House Non-Negotiables:**



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**House Zones!**

**Zone 1:**



**Zone 2:**



**Zone 3:**

* [[1]](#footnote-1)

**Zone 4:**



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